

Divorce Mediation Checklist

A practical checklist covering the areas most divorce mediations need to address — use it to think through your situation before your first session.

Children & parenting

- Where will the children primarily live?
- How will time be shared, including holidays and special occasions?
- How will decisions about schooling, health and religion be made?
- How will you and your co-parent communicate going forward?
- Are there extended-family or grandparent relationships to consider?

Finances & maintenance

- What are each party's current income and reasonable expenses?
- What will child maintenance need to cover (school, medical, extramural)?
- Is spousal maintenance a relevant consideration?
- How will shared debts be handled?

Assets & the family home

- What are the significant assets to be divided (property, vehicles, investments, retirement funds)?
- Will the family home be sold, retained, or transferred?
- Are there business interests that need separate consideration?

Household & other practical matters

- Who will keep any pets, and how will related costs and access be handled?
- What household items or belongings need to be divided?
- Are there any other family members or dependants affected by the arrangements?

This checklist provides general information only and does not constitute legal, tax or financial advice. Bringing your own realistic figures and priorities to mediation is more valuable than a perfectly complete checklist.